



Dr. Tasneem Pirani-Sheriff, M.Sc., ND

NATUROPATHIC PHYSICIAN

COVID19 Health & Safety Protocol

In order to keep everyone safe and healthy, I've implemented a number of measures below to minimize the risk and prevent the spread of COVID19:

Naturopathic Physicians:

- Extra cleaning and sanitizing with medical-grade cleaners approved to eliminate COVID19 of surfaces between each patient (door-knobs, seats, tables, common, pens, medical equipment, and frequently used surfaces, etc)
- Extra spacing between patient bookings to allow for time to sanitize and eliminate overlap between patients
- Pre-screening of patients for signs and symptoms of COVID and other infectious illnesses
- Physical distancing measures when possible during appointments
- Limiting 2 people in the office at one time
- Wearing and frequent changing of PPE (surgical masks, gloves) to minimize exposure to aerosolized respiratory droplets
- Extra frequent washing of hands (between patients, before and after donning PPE, before and after any essential physical exams, etc)
- Use of medical grade alcohol-based hand sanitizer in addition to hand washing
- Eliminating cash payments and emphasizing contactless methods of payment (credit or debit tap or e-transfer)

Patients:

- **Please ensure you've completed the pre-screening questionnaire** sent to your email **before your appointment**
- **Please ensure you arrive only at and not before your scheduled appointment time**
- **Please ensure you bring and wear a clean mask or cloth face covering** during your appointment to minimize exposure to aerosolized respiratory droplets
- **Please ensure you follow physical distancing measures** during the appointment
- **Please ensure you use** the medical grade alcohol-based **hand sanitizer** provided **upon entering** and **before leaving** the office for your appointment

Thank you for your understanding and cooperation in keeping us all safe and healthy